Robert Ginsburg, a former Philadelphia prosecutor, claims he can feel the energetic disturbances in people. Because of his particular system, based on thought as the instrument of healing, Ginsburg says he can heal patients from hundreds of miles away, over the phone.

He credits his achievements to the energy healing system he learned in his years of study with Russian physicist Nicolai Levashov who has taught his system to over 200 doctors in Russian medical schools. Ginsburg even calls his system the "Levashov Method."

I recently witnessed one of his sessions. Oriental music played in the background along with the sound of a small water fountain. "I feel a little pressure here," said Mathew Harris after a couple of minutes, pointing at his forehead.

He had started treatment with Ginsburg about six months ago. "I was experiencing headaches and hair loss, I was unable to study and I would feel depressed," Harris said at the end of the ten-minute session. "It was like a fog over my life, like a brain fog-- and that was not a happy existence. I just returned from a trip to Costa Rica, and while I was there I had this shocking experience: I felt really bad one morning; I was homesick and desperate. Then I called Robert and he worked with me over the phone and the change was clear and immediate."

Robert Ginsburg started his next session with Betty Zelisse, a patient he's worked with for more than eight years. Zelisse, a hospital supervisor nurse, used to complain about back and neck pains. "My system was totally unbalanced," she said. "I would get shooting pains from my back to my hands and the hands would turn numb...and I do not do well with medication. Now things are different. The back pain is gone, and not only that, I achieved an inner calmness I never had before; the sun shines brighter, colors are more vivid."

Moving away from his law career, Ginsburg explored many forms of energy healing before meeting Nicolai Levashov. Ginsburg spent ten years with him, studying many areas of science, developing his mind and spirituality.

"The power of thought is the key to the healing I do" Ginsburg said. "Knowledge is necessary as you cannot heal if you do not know how the human body functions. Thought is the instrument I use to attract, direct and program the energetic forces of nature to heal."
"Thoughts have substance; they are material. We just do not have the ability to see or measure them at the present time," he said.

There is no hard evidence and no formal medical study to show how, or even if, Ginsburg's energetic healing works. But on the other hand, one should not dismiss as untrue things that our present knowledge cannot explain.